



Self-Guided Tour



Suggested route:

- Pigiavik Lobby (ΛΓΔΨ&^)
- Richcraft Hall
- Stacie Building – Super Lab
- Herzberg Laboratories
- Academic Quad
- Tory Building
- MacOdrum Library
- Tunnels
- Nideyanan
- Nicol Building
- Minto CASE
- Teraanga Commons
- Athletics
- Carleton Technology and Training Centre



Science Student Success Centre (3431 Herzberg)

A one-stop shop for students in the Faculty of Science, offering mentorship, CHEM4U (an online resource to help students grasp chemistry concepts before the school year begins), workshops and networking events.

Math Tutorial Centre (3432 Herzberg)

Open to any student who encounters math in their studies, with drop-in one-on-one support plus a resource centre and study space stocked with thousands of subject-specific resources.

Tory Building

Continue **straight ahead**, take the stairs leading to the **Academic Quad**. Once you reach the Quad, enter **Tory Building** through the entrance on your **right**.

Tory Building is home to several of the offices students rely on most:

- Registrar's Office (3rd floor) - manages the academic activities of all current undergraduate and special students
 - Academic Advising Centre (3rd floor) - drop-in, virtual, phone, or email advising for students navigating academic difficulty or their degree requirements
 - Career Services (4th floor) - one-on-one career advising for students and alumni, on a drop-in basis
 - Student Experience Office (4th floor) - The Student Experience Office (SEO) is one of students' first stops when they arrive at Carleton University! We facilitate student-centered learning that enhances the university experience by: offering transition support, leadership opportunities, and experiential learning programs.
 - Graduate Studies (5th floor)
-

The Quad

From the **Tory Building lobby**, continue **straight ahead** through the doors. You'll arrive directly at the **Academic Quad**.

The Quad sits at the centre of four buildings: Paterson Hall, Dunton Tower, Tory Building, and MacOdrum Library. It's a great space for students to have lunch, socialize, and enjoy the beauty of campus.

MacOdrum Library

From the **Academic Quad**, continue **straight ahead** toward MacOdrum Library. Take the stairs and enter through the **second-floor entrance**. **Feel free to explore!** Visit any of the library's floors and check out the different study spaces and student resources.

From borrowing books at the Library Services Desk to getting tech help at the IT Help Desk, the library supports students at every stage. Need help getting started with research? Drop by the Research Help

Desk, email, or chat online. Visit the Wellness Desk for mental-health and wellness resources and keep an eye out for the friendly therapy dogs during their office hours.

On the back of the main floor, explore the Book Arts Lab and the Joy Maclaren Centre, which offers assistive technologies and accessible study spaces. Downstairs on the 1st floor, use specialized GIS, data, and business software in the Computer Lab. The 4th floor hosts the Future Learning Lab, academic support services, and Global Opportunities and International Student Services Office. The 5th floor holds rare books and archival materials.

Tunnels

From the second floor of MacOdrum Library, take the spiral staircase down one floor to reach the tunnel level.

Head towards the left and then turn right before the exit to the outside. Continue straight through the tunnels where you see lockers and murals. Once you reach the open area with tables and chairs. At the junction, turn left and follow the hallway all the way to the end until you reach the Nideyinan Atrium, where you'll see the flags.

Carleton's tunnel system spans more than 5 km, linking every building on campus making it one of the most extensive university tunnel networks in Canada. Expect good signage, lighting, and temperature control, plus safety features like assistance phones and cameras at every entrance.

Tunnel maps are posted throughout, styled like a subway map for easy reading, and each tunnel is colour-coded and labelled so you always know where you are.

If class not in session, visit Azrieli Theatre room 101, 102, a 350-seat lecture hall often used for first-year courses.

Nideyìnàn

You are currently on the **4th floor of Nideyìnàn**. Continue **straight ahead** and take the stairs down to the **1st floor**, feel free to stop by the **Campus Store!**

Nideyinan brings together several services students turn to often:

Campus Card Office

Your Campus Card is your access card to Carleton facilities, including the Athletics complex, MacOdrum Library, residence buildings, laboratories, and certain classrooms.

CUSA

The Carleton University Students' Association acts as the student voice on campus, managing undergraduate student government, service centres, clubs and societies, campus events and programming.

Campus Store

A one-stop shop for textbooks, Carleton apparel, gifts, school supplies, snacks, and more.

PMC

The Paul Menton Centre currently serves over 5,000 undergraduate and graduate students living with disabilities, including ADHD, Autism Spectrum Disorder, acquired brain injury, and mental health, medical, sensory, or learning disabilities.

Nicol Building

From the 1st floor of Nideyinàn, head straight ahead until you see Nicol Building. Once you reach the building, turn left to enter through the main entrance.

Home of the Sprott School of Business and Bridgehead. Sprott programs include Commerce, International Business, Accounting, and the NEW Entrepreneurship program. Innovation Hub: Open to students from any program, not just Business. Students can access mentorship, workshops, events, real world projects and resources to develop business, technology, creative or social-impact ideas.

Sprott holds AACSB International accreditation, earned by fewer than 5% of business schools worldwide

Minto Case

Exit the Nicol Building and continue left along Campus Avenue. Along the way, you'll pass the O-Train station and OC Transpo bus stops. Continue straight, and you'll find the Minto Building entrance on your left.

The Faculty of Engineering and Design offers a full suite of engineering and design programs. With over **6,000** undergraduate students across **21** programs. The buildings dedicated to the Faculty of Engineering are the Canal Building, the Architecture Building, the Mackenzie Building, and Minto CASE.

Teraanga Commons

Exit the Minto Building through the doors facing the residences. Cross the street and continue straight ahead, walking between the residence buildings and the Residence Quad. Keep following the pathway, and Teraanga Commons will be on your right.

First-year residence at Carleton is offered in traditional double rooms across Lennox and Addington, Renfrew, Lanark, Glengarry, Russell, Grenville, Stormont, Dundas, and Rideau House. This style of residence is made up of two bedrooms sharing a common bathroom. Traditional single rooms are reserved

for upper-year students, or first-year students with special accommodation needs based on medical circumstances.

Suite-style residences — Prescott, Frontenac, and Leeds — are available to upper-year students only, offering two doubles or four singles sharing a common living area and washroom(s).

Rideau House

Carleton's newest residence, opened in fall 2025, offers 450 traditional beds for first-year and upper-year students. Each bathroom has a separate shower room and toilet room connecting one single and one double room. Double rooms include a small dividing wall for added privacy. Rideau House is home to new community spaces open to all residence students.

Everyday essentials

The residence reception desk is open 24/7, except during Reading Weeks and holidays, for any questions about living in residence or in Ottawa. Digital mail lockers at the tunnel level of Teraanga Commons offer secure, convenient package pickup any time of day.

The Rideau River Residence Association (RRRA) the largest and oldest residence association in Canada, operates the Abstentions convenience store. Oasis, the tunnel-level food spot, stays open past midnight for pizza, hot dogs, sandwiches, and salads beyond Teraanga Dining Hall's regular hours.

Our 12 residence buildings are conveniently located within a three to ten-minute walk from classes, athletic facilities, library, and dining options. We offer a variety of room types, including traditional double rooms, suite style and single room options.

Athletics

From **Teraanga Commons**, head to the **1st floor** by continuing straight ahead until you reach the stairs. Once you've exited the building, continue **straight**, cross the sidewalk, and turn **right**.

Keep following the path to the **right**. When you reach the tunnel, turn **left** and continue **straight ahead**. At the end, turn **left** to enter the **Athletics Building**.

Feel free to explore! Check out the different Athletics facilities and amenities and stop by the **Welcome Desk** if you have any questions.

All students have access to fitness and recreational programming, including open swim times, the fitness centre, and open rec. Add a Group Fitness (CUFit) Pass for Pilates, spin, yoga, and more. Women's Only and Trans & Allies fitness spaces and swimming are also available at various times throughout the week.

Intramurals

Carleton's intramural leagues are a great way to stay active and meet other students. With team and individual registration for men's, women's, and mixed divisions across soccer, basketball, hockey, dodgeball, flag football, ultimate, and volleyball.

Campus Rec

Drop in to sports without the commitment of league play - everything from pick-up hockey and basketball to all-abilities bocchia, open to all.

Facilities

- Alumni Hall — home to the Ravens' Nest triple gymnasium, varsity basketball, intramural basketball and volleyball
- Fitness Centre — free weights, cable machines, functional and accessible equipment, a Personal Training Studio, fitness studios, a yoga room, an indoor cycling room, and 5 squash courts; women's-only hours daily between 10:00-11:30 am.
- Swimming Pool — a 50-metre pool with shallow and deep ends, a dive tank with 5 m and 7.5 m platforms, and a Pal Lift for accessibility; free for currently registered Carleton staff, faculty, and students, with weekly women's-only hours
- Fieldhouse — indoor turf for two simultaneous soccer games, plus walking and jogging lanes
- Advanced Capital Icehouse — two NHL-sized arenas for varsity, drop-in skating, pick-up hockey, and intramurals
- Norm Fenn Gym — home to drop-in badminton, volleyball, and more
- TAAG Park — a 3,000-seat multisport stadium for soccer, rugby, and football
- Ravens' Field — a second outdoor turf field for adult leagues and club teams

Varsity Teams

Basketball, Fencing, Football (M), Golf, Hockey, Nordic Skiing, Rowing, Rugby (W), and Soccer.

Competitive Clubs

Artistic Swimming (W), Baseball (M), Cross-Country and Track and Field, Curling, Dance Pak, Equestrian, Figure Skating, Kendo, Lacrosse (M), and Ringette.

Fun fact

- The Carleton Ravens' basketball program is a dynasty — 20 national championships in the past 20 years.

Want to cheer on the Ravens? Join The Flock for access to on-campus regular-season varsity games, exclusive merch, and more — check the schedule online if you'd like to catch a game while you're in town.

Carleton Technology and Training Centre

Exit the **Athletics Building** towards University Drive and continue **straight ahead**, then turn **left**. Keep walking until you see the sign for the **Carleton Technology & Training Centre (CTTC)**.

This building is home to a walk-in clinic, dentist, prescription shop, Co-op Office, and the School of Nursing's main office. Students can book appointments online through the CHR Connect app or website — for routine primary care (birth control, sexual health and STI testing, HPV vaccine, skin concerns,

medication renewals) and for an Urgent Care Clinic for acute concerns (cold/flu, STI/UTI symptoms, acute injury or pain). Mental health visits can be booked by calling the clinic directly, and the Telus healthcare platform lets students manage reminders, messages, forms, and secure communication with the clinic from their phone.

Tour complete! From CTTC, **Pigiavik is just ahead**, bringing you back to where your tour began. If you parked near Pigiavik, you could easily make your way back to your car from here.

Before You Go

Carleton

- Founded in 1942 to meet the needs of veterans returning from the Second World War.
- Carleton's 150-acre campus sits south of Ottawa's city centre, bordered by the Rideau River, the Rideau Canal, and residential neighbourhoods.
- Home to over 30,000 students - a medium-sized university with a close-knit feel.

Ottawa, Ontario

- The city is located on unceded traditional Anishinàbeg Algonquin territory.
- Ottawa is home to over one million residents.
- Known as Silicon Valley North, with a technology industry of over 1,900 companies.
- Home to seven of Canada's nine national museums.